

MEDITATION ON GOD'S ATTRIBUTES

Preparing for the End

The prudent sees the evil and hides himself,
But the naive go on and are punished for it.
Proverbs 22:3

THE IMPORTANCE OF MEDITATION:

The Battlefield of the mind:

Therefore I urge you, brethren, by the mercies of God, to present your bodies a living and holy sacrifice, acceptable to God, which is your spiritual service of worship. And do not be conformed to this world, but be transformed (how) by the renewing of your mind, (why) so that you may prove what the will of God is, that which is good and acceptable and perfect.
Romans 12:1-2

Let no one say when he is tempted, "I am being tempted by God"; for God cannot be tempted by evil, and He Himself does not tempt anyone. But each one is tempted when he is carried away and enticed by (what) his own lust. Then when lust has conceived, it gives birth to sin; and when sin is accomplished, it brings forth death.
James 1:13-15

For as he (action) thinks within himself, (result) so he is.
Proverbs 23:7

Biblical Examples:

Isaac went out to meditate in the field toward evening; and he lifted up his eyes and looked, and behold, camels were coming.
Genesis 24:36

"This book of the law shall not depart from your mouth, but you shall (what) meditate on it (how often) day and night, so that you may be careful to do according to all that is written in it; for then you will make your way prosperous, and then you will have success."
Joshua 1:8

How blessed is the man who does not walk in the counsel of the wicked, nor stand in the path of sinners, nor sit in the seat of scoffers! But his delight is in the law of the LORD, and in His law he (what) meditates (how often) day and night.
Psalm 1:1-2

Finally, brethren, whatever is true, whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is of good repute, if there is any excellence and if anything worthy of praise, dwell on these things.
Philippians 4:8

Meditate on the Things of God:

His Precepts:

Blessed are You, O LORD; Teach me Your statutes. With my lips I have told of all the ordinances of Your mouth. I have rejoiced in the way of Your testimonies, as much as in all riches. I will (what) meditate on Your precepts and regard Your ways.
Psalm 119:15

His Wonders:

Make me understand the way of Your precepts, (why) so I will meditate on Your wonders.
Psalm 119:27

His Statutes:

I shall delight in Your commandments, which I love. And I shall lift up my hands to Your commandments, which I love; and I will meditate on Your statutes.
Psalm 119:47-48

His Law:

O how I love Your law! It is (what) my meditation (how long) all the day.
Psalm 119:97

His Testimonies:

I have more insight than all my teachers (how) for Your testimonies are my meditation.
Psalm 119:99

His Word:

My eyes anticipate the night watches, that I may meditate on Your word.
Psalm 119:148

Question:

What do we meditate on?

What attributes of God can we fill our mind with?

1. Because God is a **personal Spirit**, I will seek intimate fellowship with Him.
2. Because God is **all-powerful**, He can help me with anything.
3. Because God is **ever present**, He is always with me.
4. Because God **knows everything**, I will go to Him with all my questions and concerns.
5. Because God is **sovereign**, I will joyfully submit to His will.
6. Because God is **holy**, I will devote myself to Him in purity, worship and service
7. Because God is **absolute truth**, I will believe what He says and live accordingly.
8. Because God is **righteous**, I will live by His standards.
9. Because God is **just**, He will always treat me fairly.
10. Because God is **love**, He is unconditionally committed to my well-being.
11. Because God is **merciful**, He forgives me of all my sins when I sincerely confess them.
12. Because God is **faithful**, I will trust Him to always keep His promises.
13. Because God **never changes**, my future is secure in Him.